

OTHER PROGRAMS AND SERVICES

ODYSSEY I

518 Howard Avenue
Burnaby BC V5B 3R1
604.299.6377

ODYSSEY II

2875 St. George Street
Vancouver BC V5T 3R8
604.879.8853

Odyssey I and II are programs that provide services to youth and their families who are affected by substance abuse. We provide individual, family and/or group counselling, drop-in, social/recreational activities, referrals, drug/alcohol information and education.

PARENTS TOGETHER

604.325.0556

Parents Together is a program that provides mutual support and practical solutions for parents who are concerned about their teens' behaviour. Support groups are available in 11 Lower Mainland locations.



Boys & Girls Clubs
of South Coast BC

NEXUS

550 Cambie Street
Vancouver BC V6B 2N7
604.660.5216

www.bgcbbc.ca

The Boys and Girls Clubs of South Coast BC provides a range of social, health, educational and recreational services to young people. Summer Camp, substance abuse counselling, licensed child care and parent support are just a few of the programs provided on a seasonal and daily basis.



Boys & Girls Clubs
of South Coast BC

www.bgcbbc.ca

NEXUS

Substance Abuse Services
for Youth and Families

A service provided by Boys & Girls Clubs of South Coast BC.



WHAT IS NEXUS?

Nexus is a program that provides services to street-involved youth who are affected by substance abuse.

We provide a wide-range of services: individual counselling, crisis intervention, referrals, and drug/alcohol information and education.

We also offer assessment and referral services to other programs such as detox and residential treatment.

Our staff consists of youth counsellors with a special focus on alcohol and drug issues.

We offer support in an attempt to empower youth to effectively deal with substance abuse issues.

Nexus is a confidential service.

WHEN ARE WE OPEN?

Nexus workers are available Monday – Friday, including some evenings. They can be reached at the Nexus office (604.660.5216).

WHO IS IT FOR?

- Youth who are concerned about their own substance use
- Youth who are concerned about their friend's or family's substance abuse
- Family members or service providers who are concerned about a youth's substance use

WHAT DO WE OFFER?

- Crisis counselling
- Individual counselling
- Travel to youth locations—we recognize the importance of outreach counselling
- Assistance to youth identifying specific goals and needs
- Help youth access existing support programs and alcohol and drug services
- Aftercare service
- Drop-in counselling services at other street-youth programs

HOW DO YOU ACCESS OUR SERVICES?

- Services are available to street-involved youth
- Youth can refer themselves or be referred by another service provider
- There is no fee for counselling services

OUR PHILOSOPHY

We believe individuals have the right and capacity to determine how they would like to change, the strength to make these changes, and the right to decide who they would like to involve in their change process.

We believe that substance abuse is part of a complex interaction between biological, psychological, spiritual and social factors that are unique to each person.

By working closely with street workers, detox workers, and other street-youth service providers, we help bridge services and promote more effective service delivery.

Nexus operates within a harm reduction model.